

DISTRICT HEALTH NEWS

Marin Healthcare District. Creating a Healthier Marin Together.

SUMMER/FALL 2014

Marin General Hospital Recognized for Medical Excellence

Named by Healthgrades in the nation's top 5% for Clinical Excellence, plus 18 additional awards and ratings

Great news for California's healthiest county: Marin General Hospital (MGH) has received **Healthgrades® Distinguished Hospital Award for Clinical Excellence™ for 2014**. This award is given to just 260 hospitals nationwide—the top 5 percent. Healthgrades evaluates three years of Medicare Provider Analysis and Review (MedPAR) data to produce a detailed report on mortality and complication rates in America's hospitals. Using vetted data and careful methodology, Healthgrades analyzes over 40 million Medicare-patient records for 4,500 short-term acute care hospitals. Healthgrades® Distinguished Hospital Award for Clinical Excellence™ recipients show superior performance in caring for patients in the Medicare population across at least 21 of 30 of the most common inpatient conditions and procedures. The award recognizes high-quality care across multiple clinical specialties, so it should come as no surprise that Marin General Hospital also received the following 2014 Healthgrades Awards and Ratings:

Five-Star Recipient for Carotid Surgery



Stroke Care Excellence Award™

MGH received five stars and placed among the top 5 percent in the nation for treatment of stroke.

Critical Care Excellence Award™

Healthgrades recognized critical care at Marin General Hospital in the nation's top 10 percent and gave the hospital five stars for the treatment of sepsis.

Gastrointestinal Care Excellence Award™

In addition to being in the nation's top 10 percent for overall GI services, MGH received five stars for the treatment of pancreatitis, gallbladder removal, and small intestine surgeries.

SEE INSIDE!

Learn about plans for your new hospital!



Building for the future

Moving Forward from Measure F

By passing Measure F last November, the people of Marin demonstrated their support for the construction of a new hospital building. This measure will fund a majority of the construction, and groundbreaking is slated for 2016. Lee, Burkhart, Liu, Inc., the architectural firm responsible for the design, is renowned for their expertise in health care architecture best practices. Input has also been gathered from stakeholders at the hospital, including the board of directors, physicians and staff, the building community, and a community advisory committee. Their feedback is reflected in the building design, which will achieve five major goals:

1. The new hospital will be a welcoming, patient-focused, healing environment
2. It will be a safe, innovative structure with a state-of-the-art, flexible design that can be adapted as needs change
3. The building will be eco-friendly to help sustain our valuable natural resources and our extraordinary locale here in Marin
4. Staff efficiency will be factored into the design, allowing employees to do their best work
5. The structure will be a new Marin landmark, reflecting the style, quality, and standards of this amazing community

Everything about the new hospital will instill best practices for patient safety and care, staff efficiency, and visitor convenience. The hospital complex will be easy for visitors to navigate, and there will be plenty of parking available. Departments will be organized to optimize safety and workflow efficiency. Each floor will have onstage corridors for visitors and offstage corridors for staff, ensuring seamless movement and privacy for patients being transferred from one area of the hospital to another.

The state-of-the-art private rooms will have spacious Patient and Family Zones, giving caregivers the room they need to tend to patients while visitors remain close by. Each room will have a hidden Murphy bed that can be set up if a family member wants to stay the night. To reduce the risk of falls, there will be a continuous handrail for patients to safely make their way to the bathroom. Patient lifts and other medical equipment will be built in for easy access and hidden until needed.

LEARN MORE: See a video with more detail about the new hospital replacement project. Visit www.marinhealthcare.org/newhospital

Main Lobby Rendering



Patient Room Rendering



An exceptionally healing environment

Tapping Into Nature's Healing Power

A hospital is, by definition, an environment for healing, but that's not necessarily the same as a healing environment. In order to take advantage of the soothing power of nature, the architects at Lee, Burkhart, Liu, Inc. created a design that uses natural materials and makes the most of the hospital campus' natural setting and Mt. Tam views. The new hospital building will bring the outside in, with plenty of natural light and views of gardens and the surrounding landscape.

- The curved facade facilitates connection to the exterior gardens. There will be vegetation and small garden areas throughout the campus, including a roof garden where hospital staff can relax and regroup during breaks. Plans call for every patient room to have a view of gardens or greenery.
- Studies show that exposure to natural light in a health care setting helps to reduce depression, shortens

length of stay, and improves outcomes overall. The new hospital's interior design maximizes the amount of natural light throughout the building. The main lobby in the West Wing and the public waiting areas on the North side will be filled with natural light from sunrise to sunset. There will be large windows in every patient room, and staff areas will be brightened by windows or skylights.

- An innovative architectural detail will be the addition of "lanterns" on the corners of the building. Accessible on every floor, these interactive, open areas will house solariums—airy, light-filled places that invite the outside in and offer views of the surrounding landscape. Weather permitting, sliding doors will be opened for patients, families, and visitors to enjoy the fresh air. As darkness falls, mood lighting will give the solariums a magical lantern-like glow.

A Bird's-Eye View of our New Hospital

This diagram illustrates the future build-out of the Marin General Hospital site, which includes two four-story patient pods, plus an ambulatory services building with nearby parking structures. The new emergency entrance will be in the second pod, with designated emergency parking for patients. There is room for future building, if needed, and we will be able to accommodate all patient, staff, and visitor parking on site.

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| 1. Updated existing West Wing | 5. Designated ED parking | 9. Halpern Garden |
| 2. Main hospital entrance and circular driveway for patient drop-off | 6. Future Ambulatory Services building | 10. Patient and Visitor Parking |
| 3. Four-story patient pods will contain over 100 private rooms | 7. Parking structure for physicians and staff | 11. Existing Central Wing |
| 4. New Emergency Department (ED) | 8. Lanterns—Interactive open areas that will house solariums with soothing landscape views | 12. Existing East Wing (Behavioral Health Services) |





Count on us for expert health care resources, right here in Marin

There are lots of great reasons to live in Marin, and access to exceptional health care resources is a big one. Our network includes expert physicians in both primary and specialty care, along with the county's only full-service acute care hospital. Patient records are all linked through our Electronic Medical Records (EMR) for seamless communication, coordinated care, and a better patient experience. And you can use Follow My Health™, a secure patient portal to manage your health and communicate with your physicians online.

FollowMyHealth 
Universal Health Record

415-275-3388 www.marinhealthcare.org/locations

Physician Offices

Cardiovascular Center of Marin

Marin Endocrine Center

Marin Internal Medicine

Marin Urology Center

North Marin Internal Medicine

San Rafael Medical Center

Sirona Vascular Center

Tamalpais Internal Medicine

West Marin Medical Center

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