

Attention FollowMyHealth Portal users!

The FollowMyHealth portal has been upgraded on 5/13/2016.

You may notice when you login to your portal that the login screen has changed. The default login method that is presented is the **FMH Secure Login** method (the green shield icon). If you currently use an **alternative login method** (Gmail, Yahoo, Facebook, or Windows) you can still continue to use it. To be presented with those options, click the **“Or Use an Alternative”** link.



The screenshot shows the top portion of the FollowMyHealth login page. It includes the logo, a welcome message, and a large blue 'Sign In' button with a green shield icon. Below the button is a link that says 'or, use an alternative'. Two red callout boxes with arrows point to these elements: one pointing to the 'Sign In' button and another pointing to the 'or, use an alternative' link.

Click here to use your **FMH Secure login**

Click this link to expand **alternative login** methods (see screenshot below)



This screenshot shows the bottom portion of the login page after clicking the 'or, use an alternative' link. It features a 'Sign In' button and a selection of alternative login methods: Facebook, Google, Microsoft, Yahoo, and Cerner. A red callout box with an arrow points to this selection area.

Select your login method.

If you have any questions, please call the FollowMyHealth Support Line at 888-670-9775 or contact your physician's office directly. Thank you.